



## Deer Valley Family Resource Center

### ***First Five Years Parenting Workshop***



This 4 session series will help you nurture your child with a “just right” combination of freedom and positive discipline. During this workshop you will learn:

- Child development and brain growth
- Preventing tantrums and other problems
- Using mindfulness to keep calm
- Six ways to prepare your child for school success

**Registration for this class begins on February 15th!**

Presented by Arizona’s Children Association



#### **Center Coordinator**

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#### **Outreach Specialist**

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Follow us on Facebook  
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#### **Locations and Hours:**

##### **Copper Creek Elementary**

7071 W Hillcrest Blvd  
Glendale, AZ 85310  
623.445.4727

##### **New River Elementary**

48827 N Black Canyon Fwy  
New River, AZ 85087  
623.376.3546

Monday—Friday  
7:30 a.m.—4:00 p.m.

### **Your child is a Superstar!**



Kids are VIPs, just ask them. We all know that VIPs ride in the backseat, so it is important to keep children in the backseat until they are age 13. Make sure to check the label on your car seat/booster to make sure it is appropriate for your child’s age, weight, and height. Please visit [safekids.org](http://safekids.org) for more car seat safety tips.

### **Come and join us for a puppet show!**

The DVFRC will be hosting The Great Arizona Puppet Theater on February 8th at Copper Creek Elementary starting at 10:00 a.m. The show will be *My Pet Dinosaur*. Ages 0-5 are welcome! Register online can be done online at [deervalley.ce.eleyo.com](http://deervalley.ce.eleyo.com).



### **Family Resource Center**



FIRST THINGS FIRST

**Ready for School. Set for Life.**

[www.dvusd.org/dvfrc](http://www.dvusd.org/dvfrc)

The Deer Valley Unified School District’s Family Resource Center in partnership with First Things First, provides support to strengthen families living in the DVUSD boundaries. DVFRC offers education, prevention, and awareness by coordinating existing programs and services to meet the needs of families with children ages birth to five