

YOU'RE INVITED

A ONE-DAY EVENT OF MUSIC, FITNESS AND PRIZES FOR TEENS AND THEIR FAMILIES.

FREE

REGISTER TODAY, SPACE IS LIMITED:

Saturday, May 18 / 1pm – 3pm

HIGHLAND LAKES SCHOOL

19000 N. 63RD AVE. / GLENDALE AZ 85308

HEALTHY HAS TO BE FUN:

THIS SPECIAL EVENT WILL GIVE TEENS NEW WAYS TO SET AND MEET THEIR OWN HEALTH GOALS. YOU AND YOUR FAMILY WILL ALSO ENJOY:

- Raffle drawings for sports equipment and more
- Music
- Healthy snacks
- Health screenings

FOR:

- Teens ages 13-18 and their families
- Parents must accompany their children

**PARENTS,
YOUR SUPPORT
IS VITAL.**

Blue Cross Blue Shield of Arizona has teamed up with physicians, community leaders and schools to bring you

I WANT TO BE

a wellness program that helps empower teens. With your support, your teen will learn that whatever they want to be, it starts by being healthy.

FIRST COME, FIRST SERVE

REGISTER TODAY FOR FREE

ONLINE: Regonline.com/Highland18

Use code "School" when registering

PHONE: 602.864.2240



**BlueCross
BlueShield
of Arizona**

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